

2009 Employee Medical Plan Monthly Premium Rates

	Employees	Employee & Spouse/Partner	Employee & Children	Employee & Family
Kaiser Permanente HMO ¹	\$756.46	\$1,013.67	\$869.94	\$1,036.36
Kaiser Permanente Added Choice POS ¹	800.25	1,072.34	920.29	1,096.34
Providence Choice PPO ²	750.79	1,006.02	863.41	1,028.56
Regence BCBSO PPO ²	834.18	1,117.67	959.24	1,142.69
Kaiser Permanente Part-time & Retiree ³	640.38	858.11	736.43	877.32
Kaiser Added Choice Part-time & Retiree ³	647.45	867.58	744.57	887.01
Providence Choice Part-time & Retiree ³	593.49	795.27	682.52	813.08
Regence BCBSO Part-time & Retiree ⁴	662.68	887.91	762.05	907.81

¹ Kaiser Permanente HMO routine vision services

² Routine vision services through VSP

³ Vision exam only

⁴ No vision benefit

2009 Employee Dental Plan Monthly Premium Rates

	Employees	Employee & Spouse/Partner	Employee & Children	Employee & Family
Kaiser Permanente	\$69.88	\$93.64	\$80.36	\$95.73
ODS Preferred	68.45	91.73	78.71	93.78
ODS Traditional	74.10	99.30	85.22	101.53
Willamette Dental Group	74.83	100.27	86.05	102.51
Kaiser Permanente Part-time & Retiree	52.09	69.80	59.90	71.37
ODS Part-time & Retiree	53.32	71.46	61.33	73.06

RESOURCES

inquiries.pebb@state.or.us (503) 373-1102, (800) 788-0520, fax (503) 373-1654

Medical Plans

Kaiser Permanente my.kp.org/nw/pebb

Providence Choice providence.org/pebb

Regence BCBSO or.regence.com/pebb

VSP (Vision Service Plan) vsp.com

Mail-order Prescriptions

PPS ppsrx.com

Walgreens walgreenshealth.com

Dental Plans

Kaiser Permanente my.kp.org/nw/pebb

ODS odscompanies.com/pebb

Willamette Dental willamettedental.com

Optional Plans

Standard Insurance standard.com

UnumProvident unumprovident.com/enroll/pebb

Other Benefits

FSAs orpebb.asiflex.com

EAP cascadecenters.com (800) 433-2320